

Patient Preparation Sheet/Half or Full Body

Purpose of test:

- Determine the cause of pain.
- Evaluate sensory-nerve irritation or significant soft-tissue injury.
- To define a previously diagnosed injury or condition.
- To identify an abnormal area for further diagnostic testing.
- For early detection of lesions.
- To monitor progress of healing and rehabilitation.
- To provide objective evidence.

Patient Preparation:

Prior to your appointment **do not (on the day of):**

- have physical therapy or electromyography
- use a tanning booth and avoid overexposure to the sun
- have strenuous exercise
- smoke for 2 hours
- shave your underarms or use lotions, powders, antiperspirants, therapeutic essential oils or makeup on the body
- do skin brushing
- have kidney dialysis

Do not have body work **2 days** prior. Do not have acupuncture treatment **3 days** prior. Wait **3 mos.** post surgery, radiation therapy, chemotherapy before scheduling appt. Wait **3 mos.** post lactation.

If your hair falls below your neck, please clip it up.

Attire – Loose fitting clothes and no jewelry around the neck.

No changes necessary for diet or medication.

General Information

Procedure is non-invasive, no-contact, very private, no radiation.

Disrobing – remove all upper body clothing and jewelry. Put on a gown supplied. Inform your thermographer if you had any recent skin lesions on the breast region; the inflammation may cause a false positive result.

Thermography is performed by a female certified clinical thermographer and is completely private. You will be behind a curtain/screen while tech uses laptop to frame, focus and capture images. There are no risks and no side effects.

Average time for the appointment is 30 minutes.

Please bring your REFERRING healthcare provider's name and address if you want a copy of your report and scans mailed to him/her.

We gladly accept personal check, cash, Visa/MC/Disc/AMEX for payment. Also HSA and FLEX accts. If you have any questions, pls call our office. 641-469-6081

You are welcome to bring a companion to be present during the scan.